

# A Visitors' Guide to

# QUIET WATERS CONSERVATION AREA



QUIET  
*Waters*



# QUIET *Waters*

Considering a visit to Quiet Waters or an overnight stay? We would be delighted to welcome you.

The founding committee of Quiet Waters met for the first time on the 24th of October 1985. It was at this meeting that the initial ideas for the development of Quiet Waters were born.

The project began in 1986, and it was officially opened in 1988.

Quiet Waters aims to conserve indigenous fauna and flora, to further the educational pursuits of the Falcon College community and to serve as a base for conservation education in other schools. It is also used for scientific research, and provides recreational facilities for the College community and visitors.

**Make your booking today:**

[jlain@falconcollege.com](mailto:jlain@falconcollege.com)

**Come and join us!**

## Quiet Waters Mammal List

Compiled by the late Ron Hartley (1995)  
 Updated by Gordon Macdonald (2006)  
 (For a 10km radius around Falcon College)  
 Key: \* - introduced.  
 Updated by John Laing (2023)



English / Common Name	Specific Name
Rock Elephant-Shrew	<i>Elephantulus rupestris</i>
Lesser Red Musk Shrew	<i>Crocidura hirta</i>
Reddish-grey Musk Shrew	<i>Crocidura cyanea</i>
Tiny Musk Shrew	
Short-snouted Elephant- Shrew	<i>Elephantulus brachyrhynchus</i>
South African Hedgehog	<i>Atelerix frontalis</i>
Peters' Epauletted Fruit Bat	<i>Epomophorus crypturus</i>
Schreibers' Long- Fingered Bat	<i>Micropteropus pusillus</i>
Schlieffen's Bat	<i>Nycticeinops schlieffeni</i>
Egyptian Slit- Faced Bat	<i>Nycteris thebaica</i>
Hilderbrandt's Horseshoe Bat	<i>Rhinolophus hildebrandtii</i>
Geoffroy's Horseshoe Bat	<i>Rhinolophus clivosus</i>
Sundevall's Leaf-nosed Bat	<i>Hipposideros caffer</i>
Thick-tailed Bushbaby	<i>Otolemur crassicaudatus</i>
South African Lesser Bushbaby	<i>Galago moholi</i>
Chacma Baboon	<i>Papio ursinus</i>
Vervet Monkey	<i>Chlorocebus pygerythrus</i>
Scrub Hare	<i>Lepus saxatilis</i>
Jameson's Red Rock Hare	<i>Pronolagus randensis</i>
Common Molerat	<i>Cryptomys hottentotus</i>
Cape Porcupine	<i>Hystrix africaeaustralis</i>
Springhare	<i>Pedetes capensis</i>
Tree Squirrel	<i>Paraxerus cepapi</i>
Angoni Vlei Rat	<i>Otomys angoniensis</i>
Spiny Mouse	
Single-striped Mouse	<i>Lemniscomys rosalia</i>
Four-striped Mouse	<i>Rhabdomys pumilio</i>
Water Rat	<i>Hydromys chrysogaster</i>
Pygmy Mouse	<i>Mus minutoides</i>
House Mouse	<i>Mus musculus</i>
Multimammate mouse	<i>Mastomys natalensis</i>
Black-tailed Tree Rat	<i>Thallomys nigricauda</i>
Red Veld Rat	<i>Aethomys chrysophilus</i>
Namaqua Rock Mouse	<i>Aethomys namaquensis</i>
House Rat	<i>Rattus rattus</i>
Giant Rat	<i>Cricetomys gambianus</i>
Bushveld Gerbil	<i>Gerbilliscus leucogaster</i>
Pouched Mouse	<i>Saccostomus campestris</i>
Fat Mouse	<i>Steatomys pratensis</i>
Aardwolf	<i>Proteles cristatus</i>
Leopard	<i>Panthera pardus</i>
Lion	<i>Panthera leo</i>
Caracal	<i>Caracal caracal</i>
Cheetah	<i>Acinonyx jubatus</i>
Serval	<i>Leptailurus serval</i>
African Wild Cat	<i>Felis silvestris libyca</i>
Side-striped Jackal	<i>Canis adustus</i>
Black-backed Jackal	<i>Canis mesomelas</i>
Cape Clawless Otter	<i>Aonyx capensis</i>
Honey Badger	<i>Mellivora capensis</i>
African Civet	<i>Civettictis civetta</i>
Small-spotted Genet	<i>Genetta genetta</i>
Large-spotted Genet	<i>Genetta tigrina</i>
Selous' Mongoose	<i>Paracynictis selousi</i>
Slender Mongoose	<i>Herpestes sanguineus</i>
Mellier's Mongoose	<i>Rhynchogale melleri</i>
White-tailed Mongoose	<i>Ichneumia albicauda</i>
Banded Mongoose	<i>Mungos mungo</i>
Dwarf Mongoose	<i>Helogale parvula</i>
Aardvark	<i>Orycteropus afer</i>
Rock Hyrax	<i>Procavia capensis</i>
Yellow-spotted Rock Hyrax	<i>Heterohyrax brucei</i>

### Nomenclature follows:

JD Skinner and RHN Smithers (1990) *The Mammals of Southern African Subregion*, (University of Pretoria)

### Notes:

- Leopard are resident on the Falcon property.
- Lion passed close to the Workers' Village in the 1990's.

Burchell's Zebra*	<i>Equus quagga burchellii</i>
Bushpig	<i>Potamochoerus larvatus</i>
Warthog	<i>Phacochoerus africanus</i>
Giraffe*	<i>Giraffa camelopardalis</i>
Tsessebe*	<i>Damaliscus lunatus</i>
Common Duiker	<i>Sylvicapra grimmia</i>
Klipspringer	<i>Oreotragus oreotragus</i>
Steenbok	<i>Raphicerus campestris</i>
Impala	<i>Aepyceros melampus</i>
Kudu	<i>Tragelaphus strepsiceros</i>
Eland*	<i>Taurotragus oryx</i>
Bushbuck	<i>Tragelaphus scriptus</i>
Reedbuck	<i>Redunca arundinum</i>
Waterbuck	<i>Kobus ellipsiprymnus</i>



**Banded Mongoose**



**Bushbaby**

**PLEASE REPORT LEOPARD  
 SIGHTINGS TO US**

# QUIET *Waters*



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## CONSERVATION AREA RULES

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- no unattended fires
- Please extinguish all fires after use
- no littering
- if you find litter please pick it up or report it to us
- no pets
- no loud music or excessive noise
- please adhere to speed limits
- students must always be in groups of three or more
- no swimming in any dam or reservoir

**Take nothing but photographs,  
Leave nothing but footprints,  
Kill nothing but time.**

**Have a suggestion?**

[jlain@falconcollege.com](mailto:jlain@falconcollege.com)

**Come and join us!**



# SOME QUIET WATERS SNAKES



**Puff Adder**



**Mozambique Spitting Cobra**



**Brown House Snake**



**Black Mamba**



**Spotted Bush Snake**



**Boomslang**

# EXPERIENTIAL EDUCATION

**Quiet Waters provides a unique setting for our students to learn in:**

- IGCSE and A Level Biology, Geography and Environmental Management classes use the area extensively for fieldwork exercises.
- Junior and Senior Natural History Societies, the Angling Club, Form 1 and 2 Adventure Courses, and the Duke of Edinburgh's International Award all make use of the area.
- Quiet Waters is a popular base for Primary School excursions, and the Whitestone, Victoria Falls, St John's, and Lilfordia Grade 6 Camps have all enjoyed wonderful experiences in the Conservation Area.
- Quiet Waters is also the base for Quest Africa (Esigodini Campus).

**Make your booking today:**

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**Come and join us!**

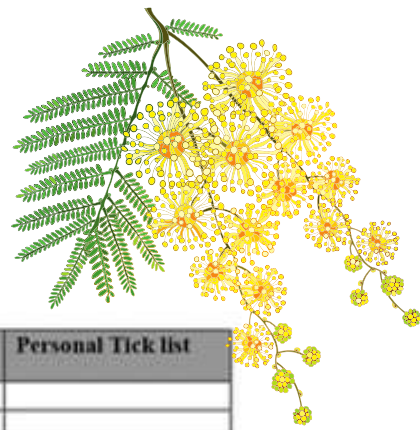




# QUIET Waters

## Quiet Waters Tree List

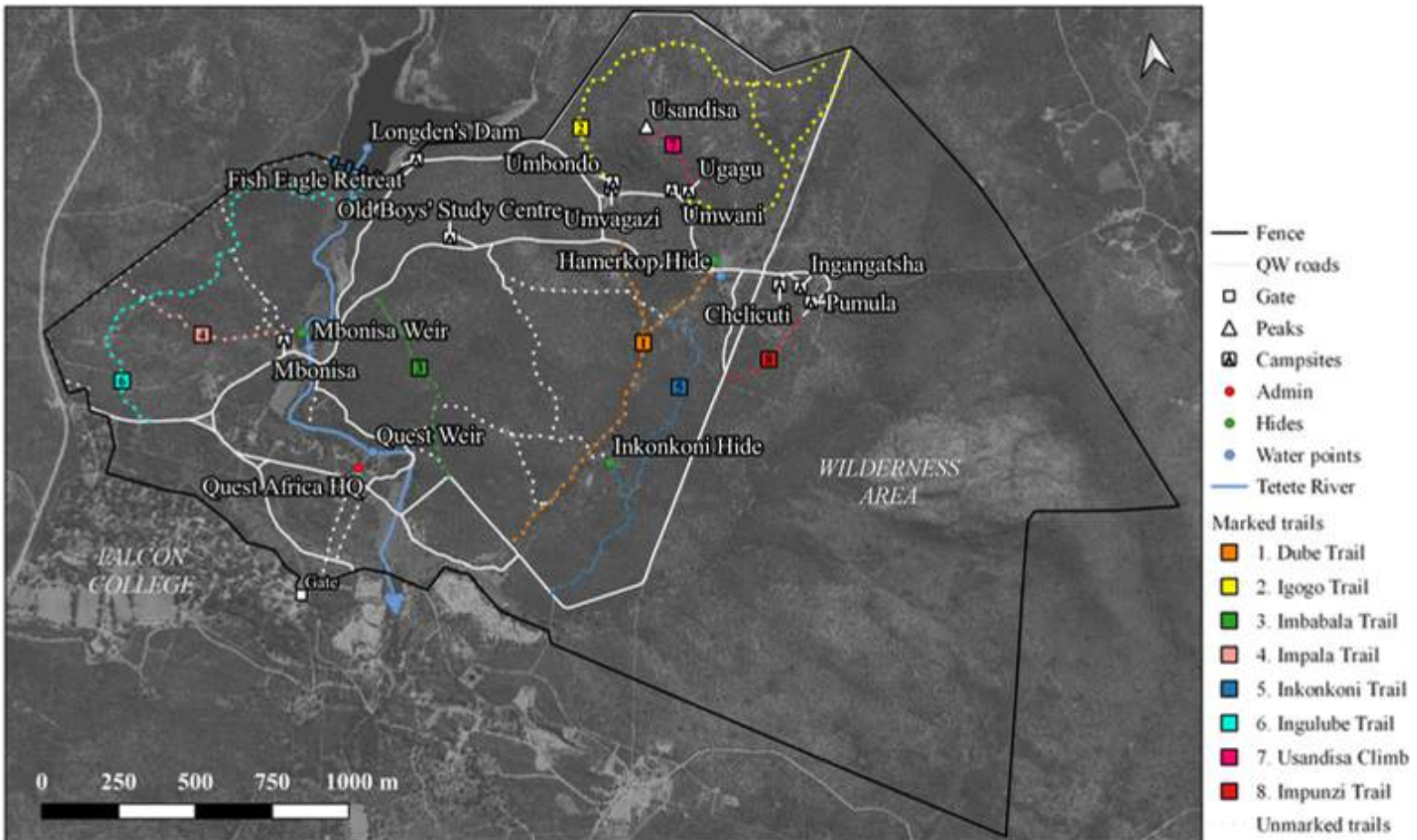
Compiled by: E.J. Marais and G.A. Macdonald  
Updates made by John Laing (2023)



English / Common Name	Specific Name	Personal Tick list
Round-leaved poison bush	Acokanthera rotundata	
Bitter albizia	Albizia amara subsp sericocephala	
Purple-leaved albizia	Albizia antunesiana	
Sickle-leaved albizia	Albizia harveyi	
Zimbabwe Tree Aloe	Aloe excelsa var excelsa	
Red/Pink Ivory	Berchemia zeyheri	
Tree wisteria	Bohsanthus speciosus	
	Boscia	
Velvet-leaved bridelia	Bridella mollis	
Burkea/False Ash	Burkea Africana	
Simple-spined mum-mum	Carissa spinarum	
Long-tailed cassia	Cassia abbreviata	
Bushman's tea	Catha edulis	
Leadwood	Combretu imberbe	
Red bushwillow	Combretum apiculatum subsp. apiculatum	
Bicoloured bushwillow	Combretum colinum	
River combretum	Combretum erythrophyllum	
Mouse-eared combretum	Combretum hereroense subsp. hereroense	
Velvet bushwillow	Combretum mole	
Poison-grub Corkwood	Commiphora Africana	
Paperbark Corkwood	Commiphora marlothii	
Velvet Leaved Corkwood	Commiphora mollis	
Glossy-leaved Corkwood	Commiphora schimperi	
Corkey-barked monkey orange	Corky monkey-orange	
Lavender croton	Croton gratissimus Var gratissimus	
Octopus cabbage tree	Cussonia arborea	
Simple-leaved cabbage tree	Cussonia natalensis	
Blackwood Dalbergia/Zebra Wood	Dalbergia melanoxylon	
Sickle bush	Dichrostachys cineria	
Red-star apple	Diospyros lycioides subsp. Sericea	
Jackal Berry	Diospyros mespiliformis	
Wild pear	Dombeya rotundifolia	
Apricot sourberry	Dovyalis zeyheri	
Condiment Cassine	Elaeodendron matabelicum	
Three-petalled Cassine	Elaeodendron transvaalense	
Narrow-pod elephant root	Elephantorrhiza goetzei	
Broad-leaved Coral Tree	Erythrina latissimi	
Blue-leaved euclea	Euclea crispa	
Magic guarri	Euclea divinorum	
Large-leaved euclea	Euclea natalensis subsp. Acutifolia	
Thicket euclea	Euclea undulata	
Candelabra tree	Euphorbia ingens	
African beech	Faurea saligna	
Mountain rock fig	Ficus glumosa	
Red-leaved rock fig	Ficus ingens	
Natal fig	Ficus natalensis	
Namaqua fig	Ficus salicifolia	
Broom-cluster fig	Ficus sur	
Batoka Plum	Flacourtia indica	
White Leafed Raisin	Grewia bicolor	
Donkey Berry	Grewia flavescens var. flavescens	
Silver Raisin	Grewia monticola	
Common Spike-Thorn	Gymnosporia buxifolia	
Confetti tree	Gymnosporia sengalensis	
White seringa	Kirka acuminata	
Tree Grape	Lannea discolor	
Cork bush	Mandulea sericea	
Red Milkwood	Mimusops zeyheri	
Bronze ochna	Ochna pulchra subsp. Pulchra	
African Olive	Olea europaea subsp. Cuspidate	
Hairy caterpillar-pod	Omacarpum trichocarpum	
Indaba Tree	Pappea capensis	
Mobola Plum	Parinari curatellefolia	
African wattle	Peltophorum africanum	



# THE QUIET WATERS LAND AREA



Quiet Waters encompasses both a serene Nature Reserve and a captivating Wilderness Area that span a sprawling 8.1 square kilometers.

This expansive sanctuary offers a plethora of winding trails, challenging mountain bike routes, and scenic cross-country runs, making it a haven for fitness enthusiasts and coaches alike.

The diverse terrain and tranquil surroundings of Quiet Waters provide the ideal backdrop for outdoor activities, fostering a deep connection with nature while promoting physical well-being and exploration.

# DAY FACILITIES & ACCOMMODATION

## Day Visitors:

Day visitors have an option of booking one of six picnic sites, set in beautiful surroundings. Our October months can be quite hot, so all sites are conveniently thatched.

All of our sites have braai stands with wood provided, and access to toilet facilities. The toilets are located in near proximity to Fish Eagle Retreat, Mbonisa Weir and Umvagazi.

Over the weekends, our students often camp in these sites, something that is known as a Bush Exeat.

## Overnight Visitors:

For those staying overnight, we provide various accommodation options. Our Pumula camp ground offers camping facilities with three shower and toilet blocks for campers.

We offer three "A frame" chalets, each with an en suite bathroom:

- Chelicuti
- Isigangatsha
- Umnondo

Additionally, three "A frame" chalets share ablution blocks with the campers.

- Umangwe
- Umtswili
- Umbola

All rooms come equipped with basic crockery, cutlery, and bedding. Please note that there is no electricity available, we do have battery power lighting for evenings, fridge facilities are not available, and all accommodations operate on a self-catering basis.

**Make your booking today:**

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**Come and join us!**

# Quiet Waters Bird List

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Updated by Gordon Macdonald (2006)

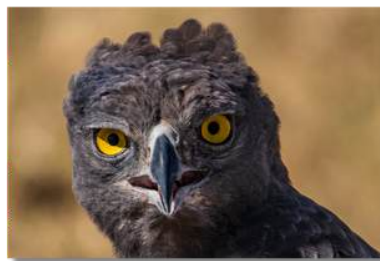
Updated by John Laing (2023)



(For the quarter degree squares 2028B2 and 2029A1)

Common Ostrich	
Dabchick	
White-breasted Cormorant	
Reed Cormorant	
African Darter	
Grey Heron	
Black-headed Heron	
Goliath Heron	
Great White Egret	
Little Egret	
Yellow-billed Egret	
Cattle Egret	
Squacco Heron	
Green-backed Heron	
Black-crowned Night Heron	
White-backed Night Heron	
Little Bittern	
Dwarf Bittern	
Hamerkop	
White Stork	
Black Stork	
Abdim's Stork	
African Openbill	
Saddle-billed Stork	
Yellow-billed Stork	
African Sacred Ibis	
Hadedda Ibis	
Lesser Flamingo	
White-faced Duck	
White-backed Duck	
Egyptian Goose	
African Black Duck	
Hottentot Teal	
Red-billed Teal	
Southern Potchard	
Knob-billed Duck	
Spur-winged Goose	
Maccoa Duck	

Secretary Bird	
Cape Vulture	
White-backed Vulture	
Lappet-faced Vulture	
Yellow-billed Kite	
Black Kite	
Black-shouldered Kite	
Bat Hawk	
Verreaux's Eagle	
Tawny Eagle	
Steppe Eagle	
Lesser-spotted Eagle	
Wahlberg's Eagle	
Booted Eagle	
African Hawk-Eagle	
Ayre's Hawk-Eagle	
Long-Crested Eagle	
Martial Eagle	
Brown Snake Eagle	
Black-chested Snake Eagle	
Bateleur	
African Fish Eagle	
Steppe Buzzard	
Augur Buzzard	
Lizard Buzzard	
Ovambo Sparrowhawk	
Little Sparrowhawk	
Black Sparrowhawk	
Shikra Goshawk	
African Goshawk	
Gabar Goshawk	
Dark Chanting Goshawk	
Western Marsh Harrier	
Montagu's Harrier	
Pallid Harrier	
African Harrier Hawk	
Peregrine Falcon	
Lanner Falcon	



Eurasian Hobby	
Eastern Red-footed Kestrel	
Rock Kestrel	
Greater Kestrel	
Lesser Kestrel	
Dickinson's Kestrel	
Coqui Francolin	
Crested Francolin	
Shelley's Francolin	
Natal Spurrow	
Swainson's Spurrow	
Harlequin Quail	
Helmeted Guineafowl	
Kurrichane Buttonquail	
Grey Crowned Crane	
African Rail	
Corn Crake	
African Crake	
Black Crake	
Red-chested Flufftail	
African Purple Swamphen	
Common Moorhen	
Red-knobbed Coot	
Kori Bustard	
Red-crested Korhaan	
Black-bellied Korhaan	
African Jacana	
Painted Snipe	
Common Ringed Plover	
Three-Banded Plover	
Crowned Lapwing	
Blacksmith Lapwing	
Wattled Lapwing	
Common Sandpiper	
Green Sandpiper	
Wood Sandpiper	
Marsh Sandpiper	
Common Greenshank	
Little Stint	
Ruff	
African Snipe	
Spotted Thick-knee	
Water Thick-knee	
Temminick's Courser	
Three-Banded Courser	
Bronze-Winged Courser	

Rock Dove	
Speckled Pigeon	
Red-eyed Dove	
Cape Turtle-Dove	
Laughing Dove	
Namaqua Dove	
Emerald-spotted Dove	
African Green Pigeon	
Meyer's Parrot	
Grey Go-away-bird	
African Cuckoo	
Red-chested Cuckoo	
Black Cuckoo	
Lavaillant's Cuckoo	
Klaas's Cuckoo	
Diderick Cuckoo	
Senegal Coucal	
Barn Owl	
African Grass-Owl	
Marsh Owl	
African Scops-Owl	
Southern White-faced Scops Owl	
Pearl-spotted Owlet	
African Barred Owlet	
Spotted Eagle-Owl	
Verreaux's Eagle-Owl	
Fiery-necked Nightjar	
Rufous-cheeked Nightjar	
Freckled Nightjar	
Square-tailed Nightjar	
Pennant-winged Nightjar	
Common Swift	
White-rumped Swift	
Horus Swift	
Little Swift	
African Palm-swift	
Redfaced Mousebird	
Pied Kingfisher	
Giant Kingfisher	
Malachite Kingfisher	
African Pygmy-Kingfisher	
Brown-hooded Kingfisher	
Grey-headed Kingfisher	
Striped Kingfisher	
European Bee-eater	
Southern Carmine Bee-eater	



White-fronted Bee-eater	
Little Bee-eater	
Swallow-tailed Bee-eater	
European Roller	
Lilac-breasted Roller	
Racket-tailed Roller	
Purple Roller	
African Hoopoe	
Green Wood-Hoopoe	
Common Scimitarbill	
African Grey Hornbill	
Red-billed Hornbill	
Southern Yellow-billed Hornbill	
Southern Ground-Hornbill	
Black-collared Barbet	
Acacia Pied Barbet	
Yellow-fronted Tinker-Barbet	
Crested Barbet	
Greater Honeyguide	
Lesser Honeyguide	
Golden-tailed Woodpecker	
Cardinal Woodpecker	
Bearded Woodpecker	
Rufous-naped Lark	
Flappet Lark	
Sabota Lark	
Red-capped Lark	
Grey-backed Sparrowlark	
Barn Swallow	
White-throated Swallow	
Wire-tailed Swallow	
Pearl-breasted Swallow	
Red-breasted Swallow	
Greater Striped Swallow	
Lesser Striped Swallow	
Rock Martin	
Brown-throated Martin	
Black Cuckooshrike	
Fork-tailed Drongo	
Eurasian Golden Oriole	
African Golden Oriole	
Black-headed Oriole	
Pied Crow	
Ashy Tit	
Southern Black Tit	
Grey Penduline-Tit	

Arrow-marked Babbler	
Southern Pied Babbler	
Dark-capped Bulbul	
Terrestrial Brownbul	
Yellow-bellied Greenbul	
Kurrichane Thrush	
Groundscraper Thrush	
Boulder Chat	
Capped Wheatear	
Familiar Chat	
Mocking Cliff-Chat	
African Stonechat	
White-browed Robin-Chat	
White-throated Robin-Chat	
White-browed Scrub Robin	
Chestnut-vented Tit-Babbler	
Great Reed-Warbler	
Willow Warbler	
Green-backed Camaroptera	
Bar-throated Apalis	
Red-faced Crombec	
Long-billed Crombec	
Yellow-bellied Eremomela	
Burnt-necked Eremomela	
Zittling Cisticola	
Fan-tailed Cisticola	
Desert Cisticola	
Wing-snapping Cisticola	
Tinkling Cisticola	
Rattling Cisticola	
Red-faced Cisticola	
Croaking Cisticola	
Lazy Cisticola	
Levaillant's Cisticola	
Neddicky	
Tawny-flanked Prinia	
Black-chested Prinia	
Spotted Flycatcher	
Ashy Flycatcher	
Southern Black Flycatcher	
Marico Flycatcher	
Pale Flycatcher	
Chinspot Batis	
African Paradise-Flycatcher	
African Pied Wagtail	
Cape Wagtail	



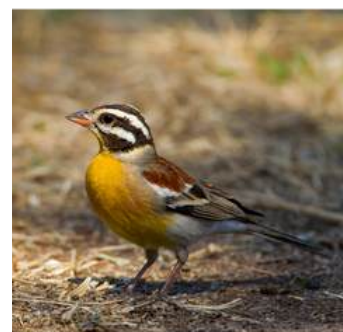
Richard's Pipit	
Buffy Pipit	
Tree Pipit	
Bushveld Pipit	
Cape Longclaw	
Lesser Grey Shrike	
Common Fiscal	
Red-backed Shrike	
Magpie Shrike	
Tropical Boubou	
Crimson-breasted Shrike	
Black-backed Puffback	
Brubru	
Black-crowned Tchagra	
Brown-crowned Tchagra	
Southern White-crowned Shrike	
Orange-breasted Bushrike	
Grey-headed Bushrike	
White-crested Helmet –Shrike	
Retz's Helmet-Shrike	
Wattled Starling	
Violet-backed Starling	
Meve's Starling	
Cape Glossy Starling	
Greater Blue-eared Starling	
Miombo Blue-eared Starling	
Red-winged Starling	
Marico Sunbird	
Miombo Double-collared Sunbird	
White-bellied Sunbird	
Scarlet-chested Sunbird	
Amethyst Sunbird	
African Yellow White-eye	
Red-billed Buffalo-Weaver	
White-browed Sparrow-Weaver	
House Sparrow	
Southern Grey-headed Sparrow	
Yellow-throated Petronia	
Scaly-feathered Finch	
Spectacled Weaver	

Village Weaver	
Southern Masked-Weaver	
Lesser Masked-Weaver	
Golden Weaver	
Red-headed Weaver	
Red-billed Weaver	
Southern Red Bishop	
Yellow Bishop	
White-winged Widowbird	
Red-collared Widowbird	
Orange-winged Pytilia	
Green-winged Pytilia	
Jameson's Firefinch	
Red-billed Firefinch	
Blue Waxbill	
Violet-eared Waxbill	
Common Waxbill	
Black-faced Waxbill	
Black-faced Waxbill	
African Quailfinch	
Orange-breasted Waxbill	
Cut-throat Finch	
Bronze Mannikin	
Pin-tailed Whydah	
Shaft-tailed Whydah	
Long-tailed Paradise Whydah	
Village Indigobird	
Yellow-fronted Canary	
Black-throated Canary	
Brimstone Canary	
Streaky-headed Seedeater	
Black-eared Seedeater	
Golden-breasted Bunting	
Cinnamon-breasted Bunting	
Lark-like Bunting	



**Nomenclature follows:**

PAR Hockey, WRJ Dean and PG Ryan  
Roberts' Birds of Southern Africa (VIIth Edition) (2005)  
 John Voelcker Bird Book Fund



# ACKNOWLEDGEMENTS

Numerous individuals have generously contributed to Quiet Waters in various capacities, with their support spanning a multitude of efforts. While it is impossible to acknowledge each person individually within the confines of this document, we extend our heartfelt gratitude to all of you. Your collective dedication and assistance have played an instrumental role in the transformation of Quiet Waters into a remarkable Conservation Area.

Among the many valued contributors are Gordon and Heather Macdonald, Ron Hartley, Graham Armstrong, Tony and Joan Bancroft, Mike Cumming, Richard Brebner, Edward Marais, Willie and Cindy Schultz, William and Brigitte Randle, Debbie Grant, Ashley Heymans, and John Laing. Each of these individuals has left an indelible mark on Quiet Waters through their unwavering commitment and support, shaping it into the thriving sanctuary it is today. Thank you all for your enduring contributions and unwavering support across the years.



**Impala**



**Greater Kudu (Female)**



# QUIET *Waters*

COMPILED BY JOHN LAING, TREDGOLD '96,  
KURT VAN WYK, AND MARK VAN WYK, QUIET  
WATERS PREFECT '22.

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THANK YOU FOR YOUR ONGOING SUPPORT

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